

Infant Safe Sleep Resources

CRIB DISTRIBUTION

Cribs for Kids

Cribs for Kids provides Consumer Product Safety Commission approved portable cribs to low-income families through community partners. In addition, Cribs for Kids provides educational programs for companies and organizations that are partnered with Cribs for Kids at no cost.

<https://cribsforkids.org/>

SaferProducts.gov

SaferProducts.gov is a registry of products that are deemed unsafe by the U.S. Consumer Product Safety Commission, including products that were designed to assist infants to sleep with.

<https://www.saferproducts.gov/>

EDUCATION

First Candle

First Candle provides safe sleep education and support to new and expectant parents through working with local organizations, doulas, lactation consultants, and caregivers through their Let's Talk Community Chats. For families that recently lost their infant to SUID or stillbirth, First Candle provides bereavement support through peer support, support groups, and resources.

<https://firstcandle.org>

Safe Infant Sleep

The Georgia Department of Public Health's Safe Infant Sleep Program develops statewide public health interventions to reduce cases of SUID and other sleep-related causes of infant death to families in Georgia. Through the Georgia Safe to Sleep Campaign, healthcare, public health, and allied health professionals can provide parents with education on the importance of safe sleep practices that are aligned with AAP guidelines.

<https://www.saferproducts.gov/>

Safe to Sleep

The Safe to Sleep campaign provides a variety of resources for both parents and providers including bereavement support, educational videos, monthly toolkits, and infographics. These resources are available in both English and Spanish. Booklets and materials on safe sleep are catered to all types of caregivers.

<https://safetosleep.nichd.nih.gov>

Charlie's Kids

Charlie's Kids provides books and educational videos to families and safe advocates on practicing safe sleep in both English and Spanish. Charlie's Kids also has a book grant program that provides families and advocates the opportunity to get their books for free; this is offered twice a year to a total of 20,000 organizations.

<https://www.charlieskids.org>

Healthy Children

American Academy of Pediatrics website for parents. It is a reliable source of information and articles about safe sleep for infants, developing healthy sleep habits, breastfeeding, suggestions to help baby get to sleep, and other infant health topics.

https://www.healthychildren.org_

Safe Sleep 101

Every new person who learns about safe infant sleep is one more person who can promote safe infant sleep guidelines. Help build collective knowledge across the country by sharing safe infant sleep information using these resources.

<https://nichq.org/campaign/safe-sleep-101>

HOTLINES & REFERRAL SERVICES

Help Me Grow Georgia

Help Me Grow Georgia: 888-HLP-GROW (1-888-457-4769). This is a free, confidential, access point for healthcare referrals and follow-up services to support the well-being of children birth to 8 years old, and their families by linking them to essential services within their community. By actively listening to needs of clients, Help Me Grow liaisons work to help link them to developmental screening, day care, early learning resources and behavioral services by coordinating with child focused programs within the local community.

<https://www.helpmegrowga.org/>

Text4Baby

Text4baby makes it easy to get important information, and it's free. Women who text BABY (or BEBE for Spanish) to 511411 receive free text messages three times per week, timed to their due date or their baby's birth date, through pregnancy and up until the baby's first birthday. Text4baby sends personalized messages directly to you, and the texts have information you can trust because they are developed by experts from all over the country. There is also an app that provides additional information about baby's development, pregnancy, childcare tips, and more.

www.text4baby.org

National Maternal Mental Health Hotline

National Maternal Mental Health Hotline: 1-833-TLC-MAMA (1-833-852-6262) (call or text). This is a 24/7, free, confidential hotline for pregnant and new moms in English and Spanish. It provides phone or text access to professional counselors, resources, referrals to local and telehealth providers and support groups, and interpreter services in 60 languages.

<https://mchb.hrsa.gov/national-maternal-mental-health-hotline>

United Way 211

United Way 211 is an information and referral service that serves the Greater Atlanta area that can connect people with local community resources, such as housing, food, and other support services. People can search for sources online or download the 2-1-1 app to access a searchable database. They can also text 211 to 898211 to receive a list of referrals based on their zip code.

<http://211online.unitedwayatlanta.org/>

Find Help GA

Whether it's financial assistance, food pantries, medical care, childcare, job training, and other free or reduced-cost services specific to your area, essential resources can be found here.

<https://findhelpga.org/>

PARENT SUPPORT GROUPS

SIDS Network

SIDS Network is an informational site that provides updated statewide resources for families, academic and non-academic articles on SIDS and infant mortality, support groups for families, and study participation opportunities.

<http://sids-network.org/>

Pregnancy After Loss Support

Pregnancy After Loss Support is dedicated to ensuring that every mom and her partner who is experiencing pregnancy after loss can find support and connection among both peers and health care professionals who understand and validate the unique and complex experience of pregnancy after a previous perinatal or child death.

<https://pregnancyafterlosssupport.org/about-us/mission/>